

TEAR  
ACROSS HERE

**ZIP-PAK®**

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KEEP REFRIGERATED  
serving suggestion

NET WT 16 OZ (1 LB) 454g



97% Fat Free  
No Artificial  
Flavors or Colors

**Black  
Forest  
Ham**  
*Water Added*



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BLACK FOREST HAM Water Added

## Nutrition Facts

Serving Size 1 slice (28g)

Servings Per Container 16

Amount Per Serving

Calories 30    Calories from Fat 10

% Daily Value\*

Total Fat 1g                      2%

Saturated Fat 0g                 0%

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0.5g

Cholesterol 10mg                3%

Sodium 260mg                    11%

Potassium 200mg                6%

Total Carbohydrate 1g         0%

Dietary Fiber 0g                 0%

Sugars 0g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 2%

Folic Acid 0%

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS: HAM CURED WITH WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: DEXTROSE, SALT, POTASSIUM LACTATE, SODIUM PHOSPHATE, SODIUM DIACETATE, SODIUM ERYTHORBATE, SODIUM NITRITE, FLAVORING.

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